

Menu Spa

LOCANDA ROSSA
CAPALBIO

BEFORE ACCESSING TO THE SPA

Please inform us of any special health-related requirements when booking. It is highly recommended to share cases of PREGNANCY.

During pregnancy light facial treatments on legs can only be performed under medical advice.

You can wear your bathrobe and slippers to freely head to the SPA. To guarantee greater comfort and hygiene during the treatments, single use underwear will be provided. RESERVATION will avoid waiting times, please book in advance to make sure that that the treatment of your choice is available.

Please arrive well in advance of your scheduled treatment, unfortunately a DELAY will reduce the time dedicated to you.

Open hours from 10 am to 7 pm

ENTRANCE FEE 20,00 €

SPA WELLNESS PATH

The small and precious spa has been conceived to purify the body and relax the spirit thanks to a regenerating path in different environments, each of them with a specific function, tasting a tisane in every passage. Suggestions for an ideal path... we recommend a hot shower before starting the path.

TURKISH BATH

approximately 15 minutes - temperature 45°

Turkish Bath's humid vapours are extremely purifying and give a relaxing sensation, relaxing muscles and helping to prevent rheumatism. It revitalizes the circulation and decongests the respiratory tract.

SAUNA

approximately 15 minutes - temperature 75°

Sauna helps to eliminate toxins and other substances through sweating. The extremely dry climate and the high temperature burn excess fat and calories favouring loss of weight.

HYDROMASSAGE POOL

20 minutes - temperature 32°

The pool is conceived with several hydromassage points which completely reactivate the body's circulation. The mosaic's dark colour relaxes the eyesight and the soft-lighting enables the mind to send away stress; calmness, softened sounds and relaxing perfumes characterize this environment. The water temperature is set at 32°, lower than the surrounding environment, to achieve an immediate circulation benefit, especially after a sauna or steam bath.

TREATMENTS SERVICE

15 minutes

In the special area dedicated to treatments, apply to warm and humid skin the Argan Oil Black Soap massaging it with the Kassa glove and then rinse with plenty of water. The Black Soap cleanses and exfoliates the skin, protects and repairs epidermis.

EMOTIONAL SHOWERS

alternating the shower approximately 10 minutes

Essential oil-based shower with a colour therapeutic effect. The double effect created by the colouring and the perfumes are good for mind and body. The alternation of hot water (vasodilation) and cold water (vasoconstriction) is a hyper activity for the circulatory system. We advise to break the path's steps sipping a tisane.

Spa Basic Treatments

Manicure	40 €
Pedicure	50 €
Waxing	da 15 a 80 €
Eyebrow Shape	10 €
Upper Lip Wax	10 €
Bikini Partial Wax	15 €
Bikini Total	25 €
Arms Wax	15 €

Spa Treatments the Touch

Partial Massage 25 min 60 €

Relax Massage

from 50 to 70 min from 90 to 120 €

Connective Massage

Tension Relieving Massage

Circulatory Massage (Hemolymphatic)

Lymphatic Drainage Massage (Vodder)

Swedish Massage

from 50 to 70 min from 100 to 130 €

Spa Treatments

Face Wellness

Lifting treatment 55 min 90 €

Mandelic Acid treatment 50 min 90 €

Face massage with soothing/lifting
mask 45 min 70 €

Spa Treatments

Body Wellness

"Locanda Rossa"	80 €
Water & Salt Scrub 50 min	
"Energy" Body	90 €
Treatment 50 min	
"Harmony" Body Treatment 50 min	90 €
Treatment with Draining Mud 50 min	90 €
Cellulite Mud Treatment 50 min	90 €

Spa Treatments the Touch

PARTIAL MASSAGE

25 min - 60 €

Treatment intended to relieve tension or contractures and improve circulation.

Targeted to a specific part of the body: back, neck/cervical or legs.

RELAX MASSAGE

from 50 to 70 min - from 90 to 120 €

A therapeutic full body massage using blends of essential oils personally selected for your individual needs.

Spa Treatments the Touch

TENSION RELIEVING MASSAGE

from 50 to 70 min - from 100 to 130 €

Treatment acting on deeper muscle's layers and connective tissue. Contributes in relieving chronic pains and contractures .Massage rhythm is slower and pressure deeper and concentrated on tension's areas. Relaxation supports the recover of postural balance.

Trattamenti Spa il Contatto

CONNECTIVE MASSAGE

from 50 to 70 min - from 100 to 130 €

Active reflexes, induces analgesic and decongesting effects .It relaxes completely muscles and body, detaching the muscles superficial layers from the deeper ones through finger pressure. Particularly suitable for sports enthusiasts as well as for those who accumulate stress in the form of muscle tension. Improves joint mobility and increases tissue vascularization.

Trattamenti Spa il Contatto

CIRCULATORY MASSAGE (HEMOLYMPHATIC)

from 50 to 70 min - from 100 to 130 €

Treatment designed to ease circulation issues, fluid retention and abdominal swelling it acts on imperfections caused by poor blood and lymphatic circulation.

SWEDISH MASSAGE

from 50 to 70 min - from 100 to 130 €

Stimulates the circulation, stretches out the muscles and favors psychophysical relaxation.

Trattamenti Spa il Contatto

LYMPHATIC DRAINAGE MASSAGE (VODDER)

da 50 a 70 min - da 100 a 130 €

Massage designed to improve lymphatic circulation with exceptional draining action. It aims to reactivate lymph's circulation to avoid accumulations of impurities. Recommended for those who suffer from lymphatic-venous stasis. Through manual stimulation such as superficial and deep pressures the treatment aims to stimulate and increase the microcirculation.

Spa Treatments

Face Wellness

FACE CLEANSING

50 min - 60 €

Complete and deep cleansing of the face through peeling, massage and soothing mask.

CUSTOMIZED TREATMENTS

from 90 to 100 €

Different according to each need, our treatments will end with the soft touch of a specific cream and a pleasant massage that will relax the facial, trapezius and neck muscles.

Spa Treatments Body Wellness

"LOCANDA ROSSA" WATER & SALT SCRUB

50 min - 80 €

Exfoliating body scrub with salt, lemon and Locanda Rossa's olive oil and honey. Natural products of undoubted efficacy to bring brightness and nourishment to the body.

"ENERGY " BODY TREATMENT

50 min - 90 €

Revitalizing treatment to energize the body and give to a dull and tired skin the right degree of tone stimulating cells renewal. The treatment ends with the application of the olive oil made by Locanda Rossa.

"HARMONY" BODY TREATMENT

50 min - 90 €

Treatment that promotes the elimination of toxins and improves circulation. Indicated in all periods of the year, whenever there is a need to bring back body balance. The treatment ends with the application of the olive oil made by Locanda Rossa.

TREATMENT WITH DRAINING MUD

50 min - 90 €

Application of lukewarm natural mud ,rich in mineral, on the whole body through circular movements. Soothing, detoxifying and purifying, for a soft and perfectly hydrated skin.

CELLULITE MUD TREATMENT

50 min - 90 €

Natural mud treatment for imperfections caused by localized cellulite. Rich in mineral and trace elements.

CANCELLATION POLICY

For cancellations received with at least **24 hours notice** prior to the treatment time no penalty will be charged.

Cancellations received between **24 and 12 hours prior** to the treatment time will be charged 20% of the cost of the treatment.

Cancellations received between **12 and 6 hours prior** to treatment time will be charged 50% of the cost of treatment.

Cancellations received **less than 6 hours prior** to the time of the treatment or in case of “**no show**” will be charged 100% of the cost of treatment.